



LULI MACCHI

JOURNEY
TO GREATNESS

MENTORING FOR YOUNGER GENERATIONS





JOURNEY TO GREATNESS

Group Mentoring for Younger Generations.

PROGRAM DESCRIPTION

Journey to Greatness is a unique group mentoring opportunity designed specifically for younger generations between 18 and 25 years old who are seeking emotional support and conscious guidance during one of life's most transformative periods.



WHAT MAKES THIS JOURNEY UNIQUE

This isn't traditional mentoring, therapy, or coaching—it's something deeper. It's a sacred container where young adults come together to navigate the complexities of becoming who they're meant to be, held by compassionate support and illuminated by conscious guidance.



A SAFE SPACE FOR AUTHENTICITY

In a world that constantly demands younger generations to perform, achieve, and present a curated version of themselves, Journey to Greatness offers something rare: a place where they can drop their mask and be completely real. Here, their struggles aren't weaknesses—they're the doorway to their transformation.



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THE FOUNDATION

Journey to Greatness is founded on real lasting values.

We believe that character begins with clarity about one's own principles.

Our mentoring is built on four enduring pillars — Discernment, Wisdom, Purpose, and Real Lasting Values.

- REAL LASTING VALUES

Principles that stand firm through change and challenge — reaching beyond short-term success to build trust and lasting significance.

- WISDOM

Wisdom is more than knowledge — it is the thoughtful application of experience and understanding.

- DISCERNMENT

Discernment is the ability to see clearly and choose well. It involves recognizing what truly matters, distinguishing between distractions and priorities, and navigating challenges with integrity.

- PURPOSE

We guide participants to explore their “why” — to connect their studies, talents, and experiences to a broader contribution to their communities and the world. Purpose-driven mentoring transforms potential into lifelong impact.



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EMOTIONAL SUPPORT THAT HOLDS THEM

This journey recognizes that growth isn't just intellectual—it's deeply emotional. They'll receive genuine emotional support through:

- Moments of confusion and uncertainty about their path forward.
- Anxiety and overwhelm from external pressures and expectations.
- Fear of failure or not being enough.
- Loneliness and disconnection in an increasingly isolated world.
- Grief over letting go of who they thought they should be.
- The vulnerability of discovering who they truly are.

They won't be told to "just be positive" or "get over it." Their emotions will be welcomed, validated, and understood as essential messengers guiding them home to their trueself.



GUIDANCE THAT ILLUMINATE THEIR PATH

While emotions are honored, they won't be left spinning in them. They'll receive clear, conscious guidance to help them:

- See their blind spots and unconscious patterns.
- Make aligned decisions when facing crossroads.



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- Navigate transitions with clarity and confidence.
- Understand what their emotions are teaching them.
- Break free from conditioning that isn't serving them.
- Discover their authentic direction beyond external expectations.
- Develop practical tools for conscious living.



BUILDING FROM WITHIN

Journey to Greatness is built on the understanding that everything external begins within. Rather than focusing solely on career success, relationship goals, or achievement, we go deeper:

- Cultivating self-awareness and emotional intelligence.
- Developing a strong sense of self beneath societal noise.
- Building resilience and inner strength.
- Connecting with their authentic values and purpose.
- Learning to trust their own inner guidance.
- Transforming limiting beliefs and inherited patterns.
- Discovering who they are when they stop trying to be what others expect.

This inner foundation becomes the bedrock upon which they build a life of meaning, impact, and fulfillment.



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OPEN DIALOGUE WITHOUT JUDGEMENT

In this space, there are no topics that are off-limits.

We create an environment of:

- Radical honesty – saying what’s really true for them.
- Deep listening – being fully heard without interruption or fixing.
- Vulnerability – sharing fears, doubts, and dreams without shame.
- Mutual support – learning from and with their peers.
- Respectful challenge – being lovingly pushed beyond their comfort zone.
- Confidentiality – what’s shared stays sacred.

The group becomes a mirror, reflecting back their growth, calling them forward, and celebrating their courage to become.



GROUP MENTORING PILLARS

While they ’ll receive individual attention and support, there’s something uniquely powerful about growing alongside peers who understand their experience:

- Shared Struggle Creates Connection: They discover they are not alone in their fears, doubts, and questions. Others are navigating similar challenges, and together they find strength.



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- Diverse Perspectives Expand Awareness: Each person brings their unique lens, helping them see possibilities and solutions they couldn't see alone.
- Witnessing Others' Growth Inspires their Own – As they watch their peers break through barriers and step into their power, they begin to believe it's possible for them too.
- Community Becomes Their Container – Between sessions, they have a network of support—people who genuinely care about their journey and are invested in their growth.
- Collective Wisdom Emerges – When multiple conscious minds come together with intention, insights and breakthroughs happen that wouldn't occur in isolation.



WHO THEY WILL BECOME

Through this journey, they won't just gain knowledge or skills—they'll undergo a fundamental shift in how they relate to their self, others, and life itself:

- Self-aware – deeply understanding their patterns, triggers, values, and gifts.
- Emotionally intelligent – able to navigate complex feelings with grace and wisdom.
- Authentic – living from their truth rather than performing for approval.
- Resilient – capable of moving through challenges without being broken by them.



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- Clear – making decisions aligned with their purpose, not fear or pressure.
- Connected – building genuine relationships based on mutual support and understanding.
- Purposeful – knowing what matters to them and having the courage to pursue it.
- Grounded – trusting themselves and their path, even when it's unconventional.



GENERAL MENTORING DETAILS FOR UNIVERSITIES

- **FORMAT:** weekly online group mentoring with the option for some sessions to be in person.
- **SESSIONS:** 90 minutes interactive sessions that can be in Spanish or English.
- **DURATION:** the academic year.
- **SPOTS:** Limited spaces per group to maintain the quality of the work.
- **ACCESS** to digital platform with recorded sessions and tools to expand your consciousness to maintain consistency between meetings.



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AUDIENCE AND REQUIREMENTS

- University students.
- Genuine motivation to learn and grow.
- Willingness to receive feedback.
- Punctuality and basic responsibility.
- English: intermediate level.

*We design and adapt our mentoring to align with the specific needs, culture, and requirements of every university partner.



BENEFITS FOR UNIVERSITIES

Implementing conscious, intentional mentoring for younger generations offers universities substantial advantages across multiple dimensions:

PERSONAL DEVELOPMENT

- **SELF AWARENESS AND CLARITY** – Conscious mentoring helps students understand their values, strengths, and purpose, leading to more intentional life choices rather than drifting through college.



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- **EMOTIONAL INTELLIGENCE:** Students develop better self-regulation, empathy, and relationship skills that serve them in all areas of life.
- **CONFIDENCE BUILDING:** Having someone believe in them and provide guidance helps students trust their abilities and take healthy risks.

ACADEMIC SUCCESS

- **IMPROVED PERFORMANCE:** Personalized support helps students overcome learning challenges and reach their potential.
- **BETTER DECISION MAKING:** Conscious mentors help students connect to their inner self helping them make clear decisions in alignment with their goals.
- **DEVELOPMENT OF CONSCIOUS HABITS:** Conscious habits train students to pay attention to their thoughts, emotions, and actions rather than operating on autopilot, leading to more intentional living.
- **QUALITY OVER QUANTITY:** Students learn to work with greater intention and presence, producing higher-quality work in less time.

DECISION MAKING AND VALUES ALIGNMENT

- **VALUES CLARITY:** Regular reflection helps students identify what truly matters to them versus what they've absorbed from others.
- **ETHICAL INTEGRITY:** Awareness of personal values helps students make choices they can stand behind, building self-respect and authentic confidence.
- **DIVERSITY AND INCLUSION:** Conscious mentoring helps underrepresented students overcome systemic barriers. It builds belonging and community.



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TIME AND ENERGY MANAGEMENT

- **PRIORITY AWARENESS:** Conscious habits help students distinguish between urgent and important, reducing time wasted on low-value activities.
- **ENERGY OPTIMIZATION:** Awareness of personal rhythms allows students to schedule demanding work during peak energy times and rest when needed.
- **DIGITAL BOUNDARIES:** Conscious mentoring prevents the attention fragmentation and comparison traps of constant connectivity.
- **BURN OUT AVOIDANCE:** Awareness of energy levels and boundaries prevents the exhaustion cycles common in high-achieving students.

PURPOSE AND MEANING

- **LIFE DIRECTION:** Regular reflection helps students clarify their aspirations and make educational choices that serve their larger vision.
- **CONNECTION TO SOMETHING LARGER:** Conscious practices can foster spiritual connection, community engagement, or sense of contribution beyond the self.
- **AUTHENTIC SUCCESS:** Rather than chasing external markers, students develop internal measures of success aligned with personal values.

CORE INSIGHT

- Developing conscious habits during university years establishes a foundation for lifelong wellbeing and success. These practices transform students from reactive to intentional, from unconscious to aware, from driven by external pressures to guided by internal wisdom.



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THE INVITATION TO PARTNER

We invite your university to join this transformative mentoring initiative designed to support students during one of the most critical stages of their personal and academic development.

Our program is designed for students who:

- Seek a deeper sense of purpose and direction beyond the academic experience.
- Feel isolated or challenged and need genuine, supportive connections.
- Benefit from guidance and emotional support as they navigate this transformative phase of life.
- Want clarity, confidence, and practical strategies to step forward in their personal, academic, and professional journeys.
- Are ready to cultivate inner growth as the foundation for outer success, building wisdom, discernment, purpose, and lasting values.



JOURNEY TO GREATNESS CALLING

This is more than mentoring. This is a sacred passage to help younger generations reconnect with their authentic self.

THE JOURNEY BEGINS NOW.



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ABOUT *Luli Macchi*

I guide people through profound inner transformation that creates lasting change and reshapes their external reality.

My Approach: Through heightened awareness and strategic inner work, I work with deeper layers of consciousness addressing unconscious patterns and internal barriers that keep them stuck.

Through this inner work people experience:

- Breakthrough moments that shift their entire perspective.
- Liberation from self sabotaging patterns.
- Authentic inner alignment between their inner truth and outer expression.
- Enhanced intuition and decision making clarity.

My Philosophy: Where attention goes, energy flows. When we direct our consciousness intentionally, we become architects of our own reality rather than victims of circumstance.

The people don't just change behaviors, they transform who they are at core. This creates a ripple effects in every area of their lives, from career breakthroughs to deeper relationships to a profound sense of fulfillment.



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Vision

To cultivate a world where individuals live with undivided attention and purposeful presence, fully awake to what truly matters.

I envision a reality where people:

- Navigate life from higher consciousness rather than unconscious patterns.
- Understand that their attention is their greatest creative power.
- Experience inner transformation as a practical, accessible journey.
- Live with clarity about their purpose and reality.
- Make conscious choices that shape meaningful lives.
- Connect deeply with themselves, others, and the fabric of existence.

Through this work, I aspire to create ripples of awakened consciousness— where each transformed individual becomes a beacon of presence, influencing their world through elevated awareness and intentional living.

MY COMMITMENT TO YOU

- Provide focused, attentive guidance with deep listening.
- Meet students where they are, respecting their unique journeys.
- Turn insight into practical strategies for lasting growth.
- Create a safe, supportive environment for exploration and reflection.
- Walk alongside students as trusted guides, fostering purpose and resilience.

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A MENTORING JOURNEY

- From unfocused or reactive living → conscious awareness and presence
- From scattered attention → focused intention and goal clarity
- From uncertainty → clear understanding and insight
- From simply surviving → thriving with purpose
- From external searching → discovering internal strengths and values
- From complexity → clarity and actionable wisdom

Our mentoring is not about creating someone new. It is about helping students recognize their authentic selves, understand their strengths, and intentionally shape their personal, academic, and professional paths.

Are your students ready to focus on what truly matters?



**THANK YOU, AND WE LOOK FORWARD
TO WORKING WITH YOU.**



Luli Macchi - Co-Founder & Mentor of Journey to Greatness
Janina Stachnik - Co-Founder of Journey to Greatness