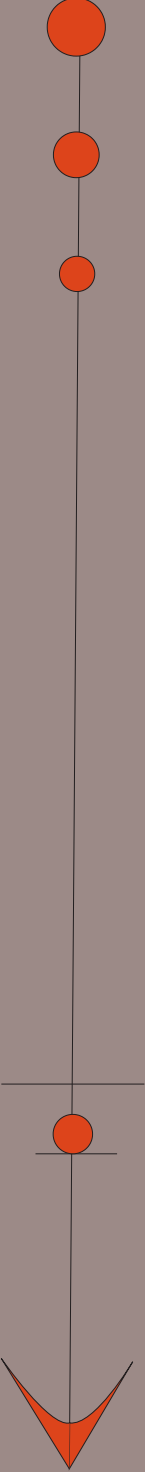


CONSCIOUSNESS



PRIVATE
MENTORING
FOR LEADERS,
FOUNDERS,
AND
ACCOMPLISHED
INDIVIDUALS

You have built success.

Now, you look inward.

LULI MACCHI



01



Leadership rooted in awareness.

ABOUT ME

Welcome to my mentoring world — a space where consciousness meets leadership.

With over 9 years devoted to consciousness and inner work, and 5 years guiding leaders and groups through mentoring.

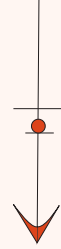
I help people lead from who they truly are — not just what they have achieved. Together, we build the consciousness to see clearly, choose with discernment, and create from essence, not from momentum.

Currently training in Leadership Neuroscience & Mindfulness — Harvard Medical School Executive Education.

My work is not about teaching you how to achieve more. It is about creating the inner clarity to understand what truly matters, where you are going, and who you are becoming.

Through deep listening, discernment, and practical guidance, I create a private space to explore the patterns, decisions, relationships, and inner dynamics that shape the way you live and lead.

Leadership begins within.



VISION



My vision is to support a generation of conscious leaders who can hold success, influence, and responsibility without losing connection to themselves or to what truly matters.

I believe that as we grow externally, we are also called to grow internally.

True progress is not only about achieving more. It is about developing the consciousness to make better decisions, choose with discernment, and create a life that is aligned with who we are becoming.

I envision leaders who move beyond achievement as the measure of success — leaders who bring clarity, integrity, presence, and purpose into the way they live and lead.

Leaders who can hold complexity without losing themselves.

Who can hold power without being defined by it.

Who can create impact without compromising what they value.

Because the way we lead shapes not only what we build, but the people and systems we influence along the way.

Consciousness creates the foundation for meaningful progress.



Consciousness changes the way you lead.

CONSCIOUS LEADERSHIP

This is a space for leaders who are ready to lead from presence, clarity, and consciousness — rather than reactivity, pressure, or control.

Together, we explore the inner dynamics that shape the way you live and lead: your patterns, decisions, emotions, relationships, triggers, and blind spots.

Through deep awareness and discernment, you learn to see what is truly driving you, what is no longer aligned, and what is asking to emerge.

The work is not about becoming a better performer. It is about becoming more conscious of who you are, how you lead, and the choices you make.

With practical guidance and deep listening, we work towards:

- Seeing beyond mental and emotional noise.
- Making decisions from clarity rather than urgency.
- Recognising patterns that shape your choices and relationships.
- Holding responsibility and complexity with greater inner stability.
- Aligning your actions with what truly matters to you.
- Leading from presence, integrity, and conscious choice.

This is where inner development becomes leadership.
Where consciousness becomes a way of leading.

MY PHILOSOPHY

I believe that the way you lead is just as important as what you lead.

Success, influence, and responsibility require more than capability. They require the consciousness to hold them well.

My work is rooted in awareness, discernment, integrity, and conscious responsibility.

I believe that true authority does not come from control or position. It emerges from inner clarity, presence, and the ability to act in alignment with what truly matters.

I do not believe that growth should come at the cost of yourself, your values, your relationships, or your inner stability.

I believe in depth over speed, quality over quantity, and progress that is built on healthy foundations.

When leaders become more conscious, they can:

- See themselves and their patterns more clearly.
- Make decisions with greater discernment.
- Hold power and responsibility without being defined by them.
- Create relationships and environments rooted in trust.
- Lead with greater integrity, presence, and purpose.

The quality of your leadership begins with the quality of your consciousness.



THE FOUNDATION

A strong inner foundation creates the capacity for conscious progress.

INNER FOUNDATION

We strengthen:

- Self-awareness and inner authority.
- Emotional stability and the ability to regulate under pressure.
- Clarity, boundaries, and personal integrity.
- The capacity to hold responsibility, complexity, and change without losing yourself.
- A deeper connection with your values, purpose, and what truly matters.

OUTER FOUNDATION

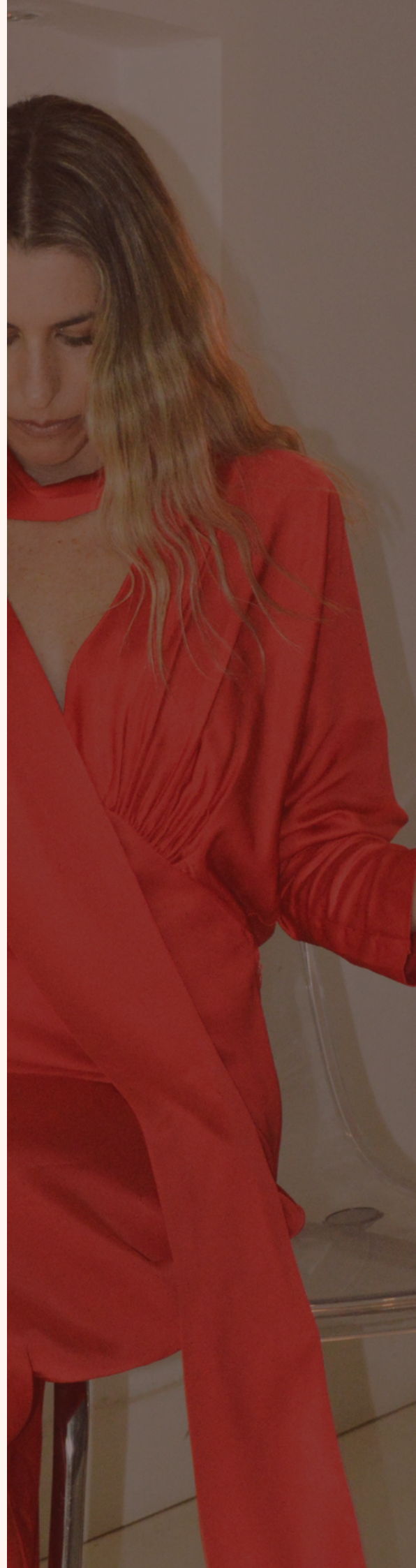
We develop:

- Conscious leadership presence.
- Clear and discerning decision-making.
- Healthy ways of relating to people, work, and responsibility.
- Communication rooted in honesty, clarity, and trust.
- The ability to create stability and coherence around you.

The inner and outer dimensions are connected.

How you lead externally is shaped by what you have cultivated internally.

Strong foundations create the capacity to lead with clarity, integrity, and purpose.





CORE WORK

We do not train leaders here. We develop the consciousness that can lead.

PILLAR ONE — INNER AWARENESS & ALIGNMENT

We begin by developing a deeper awareness of yourself — how you think, feel, respond, and make decisions.

Together, we explore the patterns, beliefs, and behaviours that shape the way you live and lead.

We clarify what truly matters to you, distinguish your own values from inherited or external expectations, and create greater alignment between who you are, what you believe, and how you live.

The work is not about becoming someone different.

It is about becoming more conscious of who you are — and choosing from that awareness.



PILLAR TWO — DISCERNMENT & PRESENCE

We develop the ability to recognise what is true, relevant, and aligned — and to distinguish it from what is driven by fear, pressure, expectation, or habit.

Discernment allows you to know when to move, when to pause, what to embrace, and what to leave behind.

Through greater presence, you become more aware of yourself, others, and the dynamics around you — allowing you to respond with clarity rather than react automatically.

The goal is not simply to know what to do.

It is to develop the consciousness to recognise what is right for you.



PILLAR THREE — AUTHENTICITY & ACCOUNTABILITY

We cultivate a way of living and leading where your words, actions, values, and presence are aligned.

Authenticity is not about expressing everything you feel.

It is about being honest with yourself and acting from what you genuinely believe.

Accountability means taking responsibility for your choices, your behaviour, and the impact you have on others — from self-awareness rather than guilt.

This creates a form of leadership that is grounded, trustworthy, and free from the need to prove or control.



PILLAR FOUR — SUSTAINABLE ENERGY

We explore how you relate to your physical, emotional, mental, and spiritual energy — and how these dimensions influence the way you live and lead.

The goal is not to do more or push harder.

It is to develop the capacity to sustain what matters without constantly operating from pressure, depletion, or reactivity.

We work with awareness of your rhythms, boundaries, sources of energy, and the environments that either strengthen or weaken you.

Your nervous system becomes something you learn to listen to and work with — not something you have to fight.

Sustainable energy creates the capacity to hold responsibility, relationships, decisions, and growth with greater stability and presence.



THE OUTCOME

To become more conscious of who you are, how you choose, and what you create — so that your leadership becomes a true expression of your values, purpose, and inner clarity.

MENTORING DETAILS

A SIX-MONTH PRIVATE MENTORING JOURNEY

- Duration

6 months, with the possibility of extending the work when deeper integration or continued development is desired.

- Private 1:1 Sessions

Weekly private and confidential mentoring sessions, tailored to your current reality, questions, and direction.

- Flexible Support

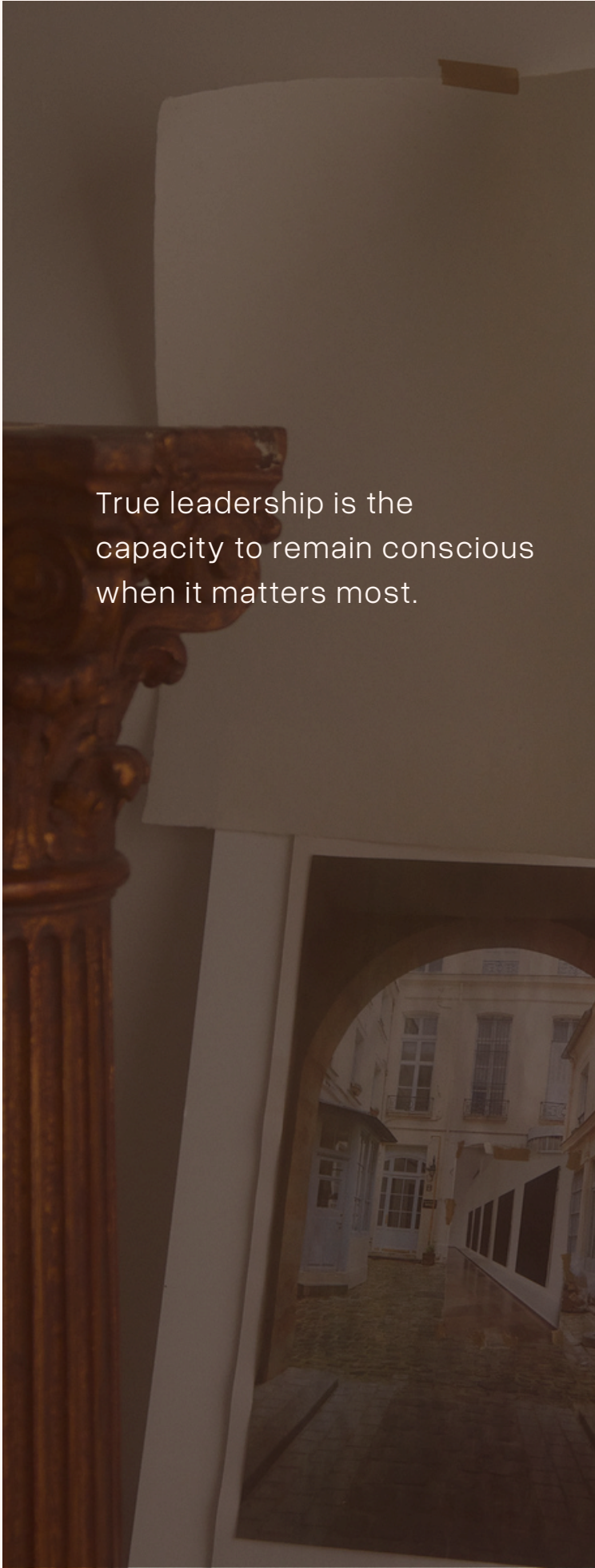
Virtual sessions with flexibility to work with what is most relevant as your process unfolds, with ongoing support between sessions when needed.

- Integration & Practices

Access to recorded sessions, integration materials, and conscious practices to support the work between sessions.

- Ongoing Check-ins

Regular check-ins to reflect on your progress, integration, and what is emerging throughout the process.

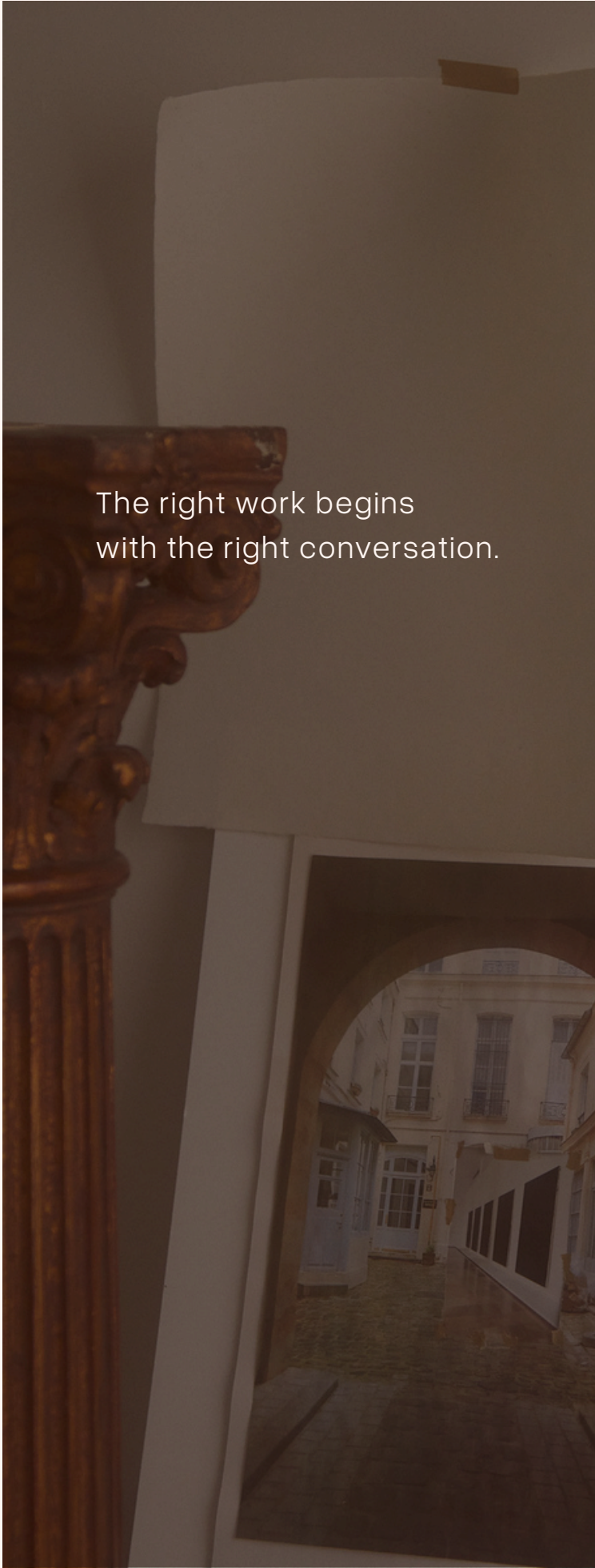


True leadership is the capacity to remain conscious when it matters most.

MENTORING DETAILS

- Exploratory Call

Before beginning, we have an exploratory conversation to understand where you are, what you are looking for, and whether this work is the right fit.



The right work begins
with the right conversation.

AUDIENCE

THIS WORK IS FOR YOU IF...

You have already built something meaningful in your life — a company, a career, a family, a reputation, a body of work, or a level of success that once felt like the destination.

And yet, you sense there is another dimension of your life that deserves your attention.

You may be asking yourself:

What truly matters to me now?

Where am I going from here?

Who am I becoming?

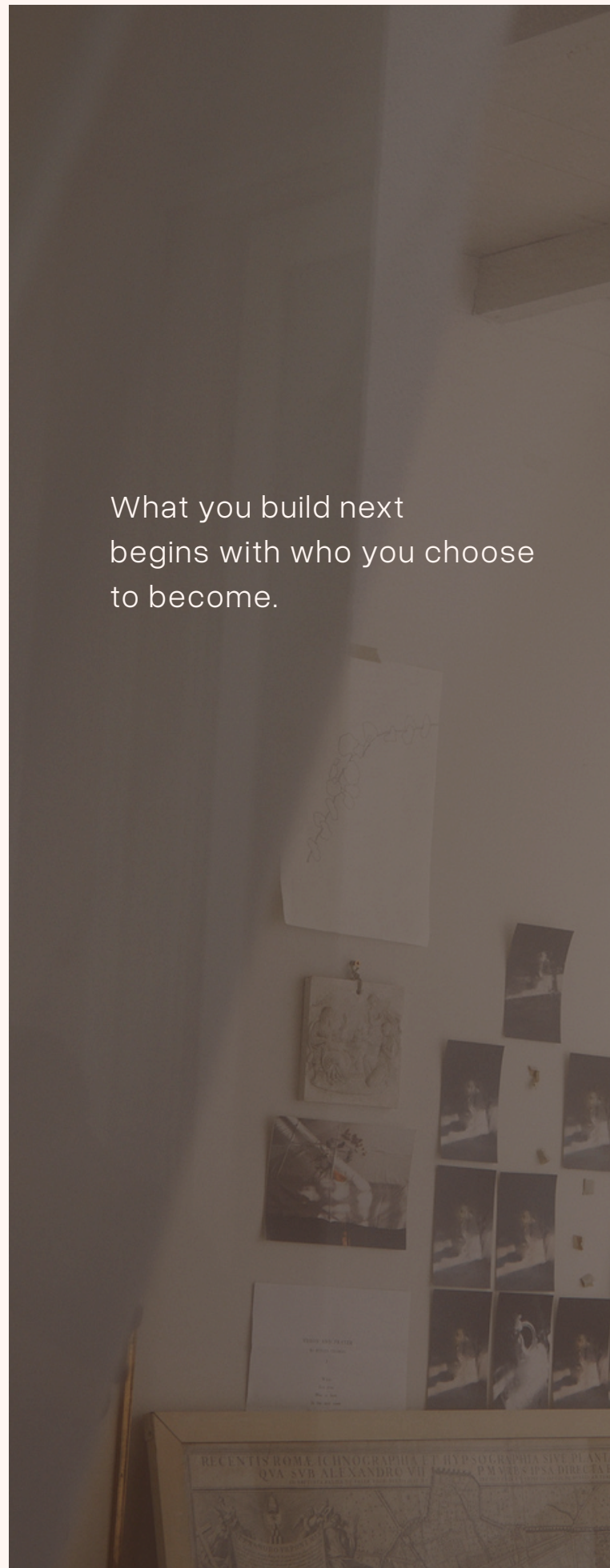
How do I want to live and lead at this stage of my life?

You are not looking for another formula, strategy, or quick fix.

You are ready to look inward.

To examine your patterns, choices, relationships, values, and direction with greater honesty and awareness.

What you build next begins with who you choose to become.



AUDIENCE

You value depth over speed, quality over quantity, and meaningful progress over simply doing more.

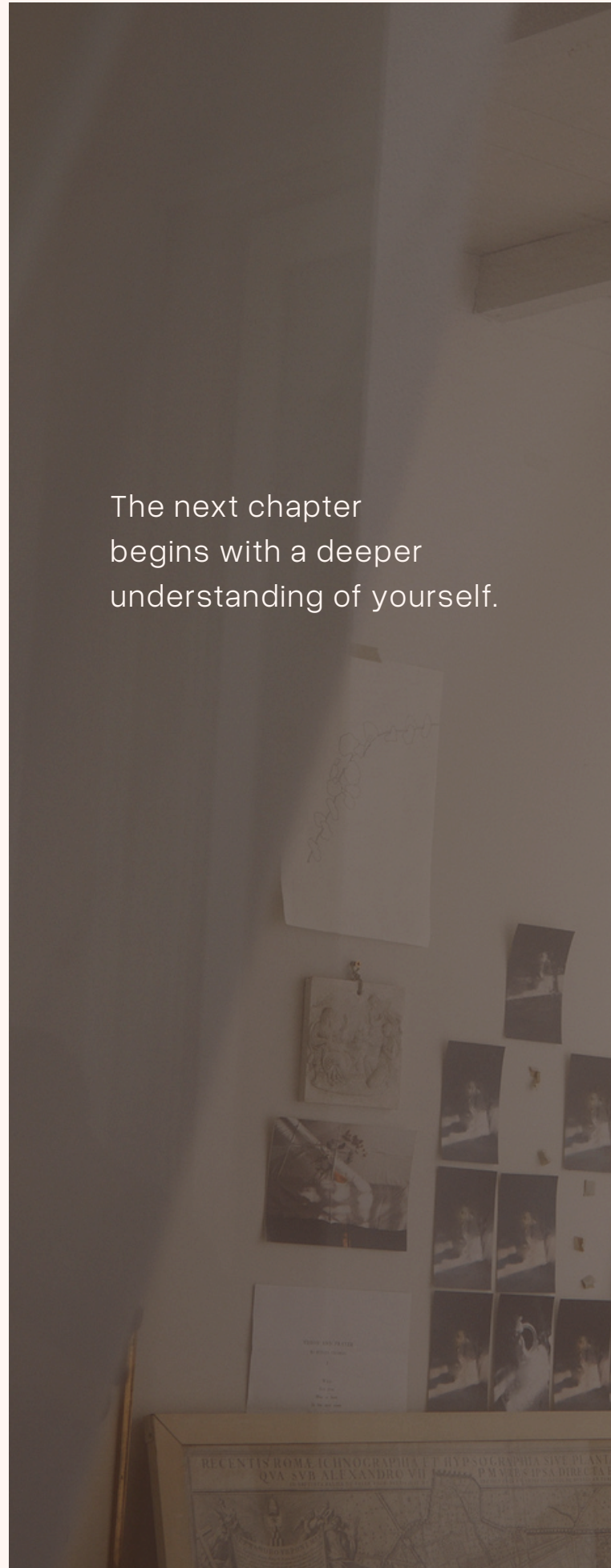
You are willing to take responsibility for your inner development and to explore what may no longer be aligned with who you are becoming.

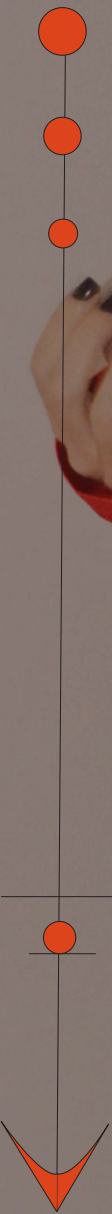
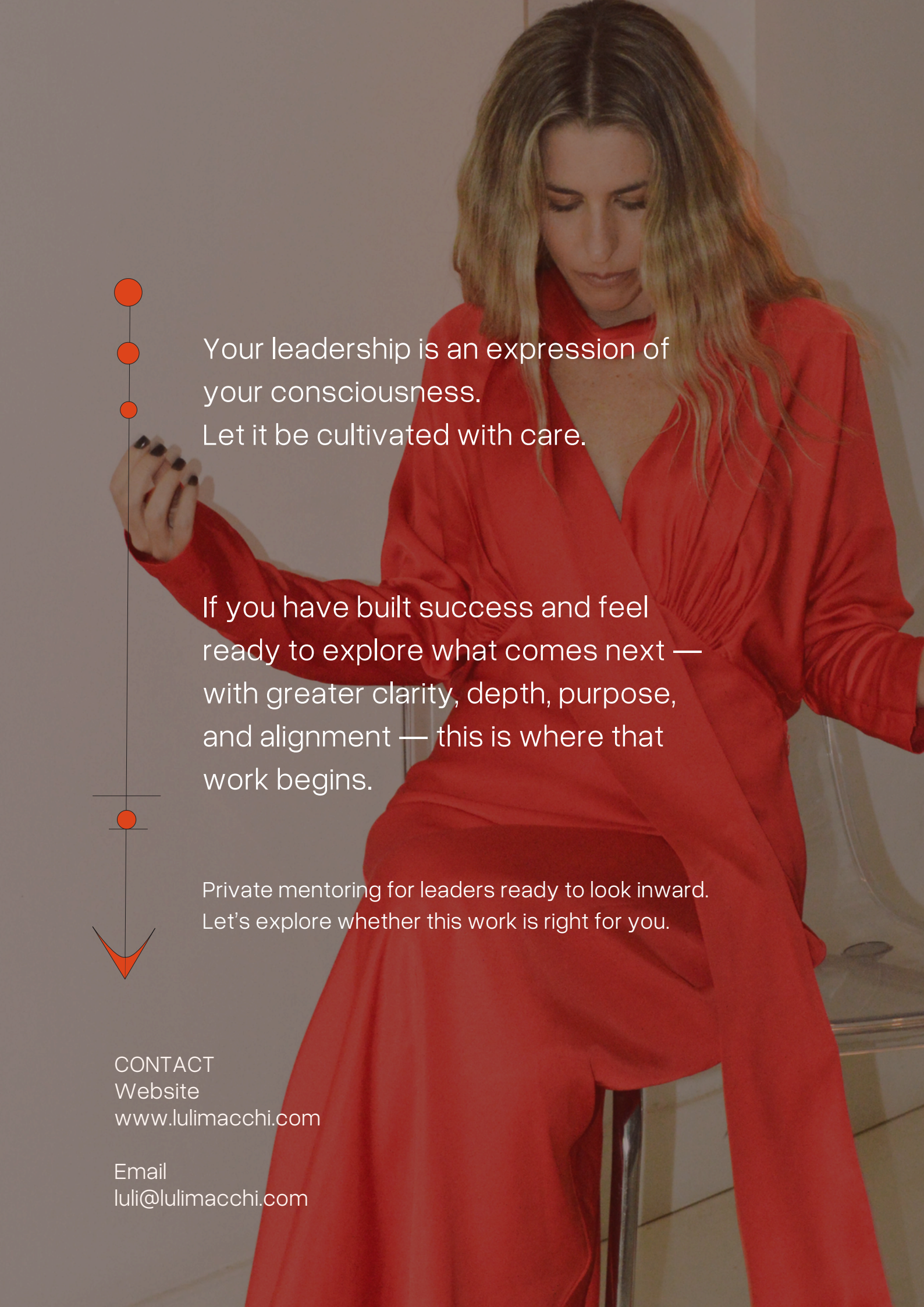
This work is for leaders, founders, and accomplished individuals who are ready to go deeper — not because something is wrong, but because they know there is more to develop within themselves.

If you have built the life, the question now is:

Who are you becoming within it?

The next chapter begins with a deeper understanding of yourself.





Your leadership is an expression of
your consciousness.
Let it be cultivated with care.

If you have built success and feel
ready to explore what comes next —
with greater clarity, depth, purpose,
and alignment — this is where that
work begins.

Private mentoring for leaders ready to look inward.
Let's explore whether this work is right for you.

CONTACT

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